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# Assisted Functional Trainer and UP19 foot 7 sign \$3,477.76

<https://www.dunriteplaygrounds.com/store2/74303-Assisted-Functional-Trainer-and-UP19-foot-7-sign>

## Product Image

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## Description

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The Assisted Functional Trainer hosts a myriad of benefits from Cardiovascular Endurance, Balance, and Core Strength. The center platform provides a step-up/step-down or step-up/step-over practice while each end offers a seated-to-standing exercise using the Comfort Seat provided, or by use from their mobility device. One of the biggest fears for this age group is falling. The unique features of the Active Adult line recognize the importance of handholds, seating and stepping surfaces that provide added stability for peace of mind and reduces the risk of falls. and UP197 sign