

# BODYSPORT 45cm FITNESS BALL **\$39.99**

<https://www.dunriteplaygrounds.com/store2/34371-1335873-BODYSPORT-45cm-FITNESS-BALL>

## Product Image

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## Description

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Lifters and fitness gurus will be able to engage their cores and improve their overall health and flexibility with this Reactor Core Stability Ball. Athletes can participate in a wide range of exercises at the gym or in the comfort of their home with this stability ball, which helps strengthen hard-to-reach muscles that may often be overlooked during traditional workouts. Capable of supporting up to 600 lb., this ball accommodates most athletes as they work to enhance their balance, posture and coordination.

- Allows athletes to perform a variety of exercises designed to strengthen their cores
- Users can work hard-to-reach muscles as they improve balance, coordination, flexibility and posture
- Perfect for strength and rehabilitation workouts
- Burst resistant up to 600 lbs.
- Available in 45 cm (purple), 55 cm (green), 65 cm (yellow) or 75 cm (red) sizes to accommodate most users

### Specifications:

- Recommended Maximum User Weight: 250 lbs.

Brand:Champion Barbell  
Special Warranty:1 Year

Unit:EA  
Shipment Type:Small Pack